



**The Starfish Foundation Annual Meeting
Saturday, January 11, 2025
10:00 a.m.
Agenda**

Attendance in-person or via Zoom:

In person at:

10919 W. Bluemound Road, #50
Wauwatosa, WI 53226

OR

Join Zoom Meeting

<https://zoom.us/j/99103689790?pwd=xAbqJGXozLUdm4agtqzCY14yHa6hRI.1>

Meeting ID: 991 0368 9790 Passcode: 676500

Audio only: (312) 626-6799

For your reference, materials for this meeting will be posted under the “Annual Meeting” section on the Starfish Foundation website, www.starfishfound.org (e.g., agenda, nominee biographies, reports, etc.).

- A. Attendance (establish quorum) – Robert Frost (President)
- B. Welcome Members – Robert Frost (President)
- C. Mission Statement – Ram Upadhyaya (Vice President)
 - a. Mission: Assist emotional trauma survivors to release their grief, rage and shame; and allow joy, productivity and prosperity back into their and their families lives.
 - b. Primary Goal: To offer transformative Healing Warrior Hearts retreats for veterans, facilitating emotional healing. We provide these retreats and other veterans' programs, at no cost to the veterans, by securing funding through donations, grants, and other resources.

We also offer scholarships for the Taking It Lightly and Renewal programs for trauma survivors, ensuring accessibility for all individuals seeking emotional healing and trauma recovery.

D. Annual President's Report – Robert Frost (President)

<https://drive.google.com/file/d/1xrkH1E5OaGRYKGV4uG8yFrn4y8PQUpgN/view?usp=sharing>

E. Annual Financial Report – Mark Spindler (Treasurer)

F. Annual Fundraising Report – Robert Frost (President)

https://docs.google.com/document/d/1B4D3K_WzGvJEKT6z4JVcGHGpTgcOL8GhEupH1xW3PHo/edit?usp=sharing

G. Business Meeting – Robert Frost (President)

a. Election of new Board Members

i. Nine candidates and nine open positions (vote for nine)

1. Ram Upadhyaya (renewal – 2nd two-year term)
2. Becky Yunk (renewal – 2nd two-year term)
3. Laura Nitschke (renewal – 2d two-year term)
4. Shannon Evans (two-year term)
5. Rheanna Smith (two-year term)
6. Dawn Bowers-Winters (two-year term)
7. Rosie Wolbrink (one-year term)
8. Mary Muse (one-year term)
9. Christian Kramer (one-year term)

ii. Two-year term (2025-2026) v. One-year term (2025)

iii. Time to vote

1. In-person voting (complete the ballot)
2. Virtual/Telephone voting (participating members will receive a call from one of the other members to receive and record votes)
 - a. Who is unable to vote via Zoom and requires us to call?
 - b. Voting via Zoom
 - c. Can “vote the slate” or vote for individual members
3. To be eligible to vote, membership dues must be paid in full

iv. Announce Results

b. 2025 Planning – Robert Frost (President)

i. Upcoming events

1. Dare to be Aware Fair – Saturday, April 12, 2025
2. Milwaukee Milkmen Game – Sunday, July 20, 2025
3. Fill the Boat – Whiskey Ranch Delavan, December 2025
4. Operation Grateful Giving, Christmas time, 2025

c. Get Involved – Robert Frost (President)

i. Register to Staff a Weekend (dates set – sign up online)

1. Healing Warrior Hearts
2. Taking It Lightly

- ii. Monthly FUNdraising Meetings (1st Thursday of each month) @ 6:30 p.m. CST
- iii. Monthly Healing Warrior Hearts Meetings (4th Tuesday of each month) @ 6:30 p.m. CST
- iv. Staff Event Tables (not exhaustive list)
 - 1. Locust Street Days
 - 2. Summer Festivals (Mexican Fiesta, Irish Fest, etc.)
 - 3. Milwaukee County Zoo
 - 4. Neighborhood Nights Out

H. Close of Annual Meeting*

*Annual meeting will be followed by a short Starfish Foundation Board Meeting. All members are welcome to attend (not required).

SHORT BREAK FOR THOSE LEAVING THE MEETING/GOODBYES

HWH - Milwaukee	Center for Creative Learning	HWH - Houston
Jan. 24-26 HWH all vets	Feb. 7-9 Taking It Lightly	Feb. 28-02 HWH Couples
March 21-23 HWH MST	May 30 - June 2 Taking It Lightly	May 16-18 HWH
June 27-29 HWH all vets	Sept. 5-7 Taking It Lightly	Oct. 3-5 HWH
Aug. 8-10 HWH Couples		
Sept. 19-21 HWH MST		
Oct. 24-26 HWH LGBTQ+		

STARFISH FOUNDATION BOARD MEETING - After lunch

- A. Nomination and Election of 2025-2026 Officers:
 - a. President
 - b. Vice President
 - c. Treasurer
 - d. Secretary

- B. Establish Date/Time for Monthly Board Meetings (currently the board meets the 2nd Wednesday of each month at 6:00 p.m. CST)

- C. Review 2025 Events Schedule & Fundraising Planning
 - a. Identify individual to lead Fundraising Committee

- D. Overview of Board Member Agreements/Expectations

POST MEETING

- Update Google Groups for Board, HWH and Fundraising meeting correspondence
- Update website with new board