

Robert Frost Bio

I am writing to express my interest in continuing my service on the Starfish Foundation Board of Directors in 2026. My name is Robert (Rob) Frost, and I have had the honor of serving as President of the Foundation for the past two years. I am seeking another term to continue supporting and strengthening the mission of the organization.

My involvement with the Center for Creative Learning began in 2016, when I completed the Successful Living Basic Training and Taking It Lightly programs. I later joined the Fundraising Committee and staffed several Taking It Lightly weekends between 2016 and 2018, culminating in my participation in the Walking in the Light program in 2018. These experiences helped me develop a deeper level of self-awareness, compassion, and emotional understanding—skills that directly support the work of the Starfish Foundation.

Since relocating to Pennsylvania in 2018 for professional reasons, I have remained committed to the Foundation's mission and have continued to build my strengths as a collaborative leader, thoughtful observer, and supportive presence for others.

Throughout my time on the Board, and especially during my term as President, I have focused on fostering organizational growth, strengthening partnerships, and helping guide strategic initiatives.

Professionally, I hold an MBA and a degree in Mechanical Engineering, and I currently work as a Project Engineer for an asphalt roofing materials manufacturer. I bring business acumen, project management skills, and a relationship-driven approach to leadership—qualities that I believe contribute meaningfully to the Board's effectiveness.

It would be an honor to continue serving the Starfish Foundation and contributing to the mission that has had such a profound positive impact on countless individuals.

Thank you for your consideration.